

CS

FULL



SPIRIT
2021-2022





AGENDA

- UIL Information
- Sport Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information



**Director of Athletics:
Dr. Susan Elza**



**Assistant Athletic
Director: Brian Polk**



**Assistant Athletic
Director: Joseph
Garmon**



**Assistant Athletic
Director: AJ
Martinez**



**Assistant Athletic
Director:
Brandy Belk**

LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.



2021-2022

UIL Changes and Amendments:

GENERAL

- **Home Schooled Student -Section 33.0832 of the Texas Education Code** – As a result of the passage of HB 547 homeschool students are allowed eligibility for UIL activities, if approved by the local school district.
 - Schools that allow homeschool participation must notify their DEC and UIL by August 1st. (This will occur in UIL portal, and direction will be sent at a later time.)
 - For non-enrolled (homeschool students), if the public independent school district where the parent/guardians of the students reside decide not to allow home schooled students to participate, the student could petition to participate at a charter school within the boundaries of the independent school district where the parent/guardian of the student reside, allowed by charter school administration.



2021-2022



Changes and Amendments:

GENERAL

- The parent or person standing in parental relation to a home schooled student participating in a UIL activity on behalf of a public school must, in accordance with the school's grading calendar, provide written verification to the school indicating that the student is receiving a passing grade in each course or subject being taught.
- ~~Home schooled students may not participate unattached.~~
- Home schooled students may not participate in an athletic activity offered by the UIL in and in a non-school league under auspices of any other sanctioning organization.
- ~~Home schooled students that have moved into an _____ attendance zone within the past 12 months will require a _____ full hearing of the DEC.~~

2021-2022



Changes and Amendments:

GENERAL

- A home schooled student seeking participation for the first six weeks must demonstrate grade-level academic proficiency on any nationally recognized, norm referenced assessment instrument.
- A home schooled student shall participate in no more than one athletic class period per school day, not to exceed 60 minutes per day.
- Home schooled students are not authorized to participate in a league activity during the remainder of any school year during which the student was previously enrolled in a public school.
- ~~Home schooled students that reside outside of the attendance boundaries of a school or ISD are not eligible to for a parent residence waiver.~~

UIL UPDATES 2021-2022

- **Coaches Certification Program (CCP)** – Reminder for coaches to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **First 6-weeks Eligibility** – going back to normal from modification last year.





**SPIRIT SPECIFIC
INFORMATION**

UIL CHEERLEADING

- CHEER FALLS UNDER THE **SPIRIT** TAB FOR UIL – WHAT DOES THAT MEAN?
- It means that cheer/spirit squads have a set of ***guidelines*** which are ***unique to just them.***
- It also means that a few things that apply to students on a team that falls under the athletic umbrella, ***don't apply to cheer/spirit:***
 - **Parent Residence Rule** – cheerleaders have to be a full time student at the school and be academically eligible, where they live does not matter for cheer.
 - **PAPF** – new students who come in and make the cheer team do not need to complete a Previous Participation Form.



UIL SPIRIT/CHEERLEADING

CONSTITUTION & CONTEST RULES SECTION 1500—1503

- Section 1500 – Introduction to Spirit Contest and Events
- Section 1501 – Spirit Contest Ethics Code
- Section 1502 – General Regulations
- Section 1503 – Health and Safety



UIL ELIGIBILITY: CHEERLEADING

A student is eligible if the student...

- Is a Full-Time Student at the school they will participate with
- Meets all other requirements of Section 400 of the C&CR
- Meets the academic eligibility standards of state law and UIL rules
- Home school students



UIL REQUIRED STUDENT PARTICIPATION FORMS

- **Concussion Acknowledgement Form**
- **Sudden Cardiac Arrest Awareness Form**
- *Check with your local school district policies regarding additional required documentation for students.*



COACHES REMINDERS

1. KNOW YOUR RULES
2. YEARLY REQUIRED TRAINING
3. EDUCATE/LEAD YOUR STAFF

“I didn’t know what the outcome would be but I committed to the purpose.”

UIL COACHES EDUCATION & TRAINING REQUIREMENTS SPIRIT

- AED & CPR Certification
- UIL Concussion Education –Two hours every two years
- UIL Coaches Certification Program – UIL Portal (Register My Athlete)
 - Safety training for extracurricular activities
 - Spirit module
- ***Cheer Specific Safety Course*** (not through UIL)



PRACTICE & CONTEST REGULATIONS

- Practice School is in-session
 - School is not in-session
- Contests
 - Weekly limits
 - School Week vs Calendar Week
 - HS vs JH

PRACTICE REGULATIONS

- **School Week** – From the first day school is in session for the week until the end of instruction on the last instructional day
- **Calendar Week** – 12:01am Sunday to midnight on Saturday



ALLOWABLE PRACTICE TIME

✓ Practice – When School is in Session (School year)

- 8-hour (plus 60 minute athletic period) during school week
- Unlimited outside the school week

✓ Practice – When school is not in Session (Summer)

- No rules limiting practice during summer
- No rules limiting practice during school holidays.



CONTEST REGULATIONS

✓ Contests Per Week

- Can cheer at one contest during school week and one after the end of the school week.
 - Example: Can cheer at volleyball on Tuesday and then again at Volleyball on Friday or Football on Friday.
- Would not be able to Cheer at Volleyball on Tuesday and Football on Thursday.



A group of cheerleaders in black and yellow uniforms are performing on a field. In the background, a large banner with the word 'HAWKS' is visible. The cheerleaders are holding pom-poms, some yellow and some black. The scene is captured in a slightly blurred, high-angle shot.

UIL ELIGIBILITY

ELIGIBILITY: 1ST SIX WEEKS OF SCHOOL YEAR

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



UIL 2021-2022 SPIRIT STATE CHAMPIONSHIP TENTATIVE DATES

September 15: Registration Begins

November 5: Registration Deadline

January 13-15: 2022 Spirit State Championship:
Fort Worth Convention Center



UIL 2021-2022 SPIRIT STATE CHAMPIONSHIPS

We plan to go back to a conference schedule similar to what we utilized in years prior to the pandemic. Smaller conferences will compete first.

A specific schedule will not be available until registration ends and we know final numbers in each division.



2021 SPIRIT STATE CHAMPIONSHIPS

Registering for 5A-D2 or 5A-D1 and 6A-D2 or 6A-D1?

- it won't necessarily be the same division your football Team plays in.
- Those numbers will be posted on the spirit page in the fall.
- Make sure you look at the split and the enrollment number your school turned in and register accordingly.



NFHS SPIRIT RULE CHANGES 2021-22

- **2-1-21:** Head coverings worn for religious reasons so as not to expose ones uncovered head may be worn and must be attached in such a way that it is unlikely to come off during performance. It must be made of non-abrasive, soft materials; must fit securely and not pose a danger to any other participant.
- **3-2-1, 4-2-1:** Apparel/Accessories:
ART. 1 ... b. Hold objects in a hand that is supporting a top person.
Exception: A base and top person may share a pom during a dismount from a thigh stand, shoulder sit/straddle, shoulder stand, or prep.
- **Rationale:** The exemption clarifies the current interpretation of rules 3-2-1 and 4-2-1.



NFHS SPIRIT RULE CHANGES 2021-22

- **3-3-3:** Inversions:

ART. 3... Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met:

~~... c. The top person and at least one bracer maintains hand-to-hand/arm contact.~~

- **Rationale:** Requiring hand-to-hand/arm contact may put the top person in a less than ideal position by having to force a connection with an arm instead of using the same technique they would if there were no bracer. This change would allow for common methods to be taught for common skills and lower the risk of injury.



NFHS SPIRIT RULE CHANGES 2021-22

- **3-3-6d:** Suspended Stunts

ART. 6...

~~d. When the stunt begins in an inversion and transitions to a non-inverted position, the upper body contact may be released before the top person is no longer inverted.~~

- **Rationale:** No longer needed after 2020 rule changes discontinued the requirement for upper body contact.



NFHS SPIRIT RULE CHANGES 2021-22

- **3-5-5c: Release Stunts/Tosses**

ART. 5... Release transitions are permitted provided all of the following conditions are met throughout the transition:

... c. The top person and at least one bracer maintain ~~hand-to-hand/arm~~ contact except for the following skills:

- ~~1. If the release is to a cradle position, the contact may be hand-to-foot and the bracer must be in a double-based prep with a spotter.~~
- 1. A non-braced top person in a vertical position at prep level or above may be released to the original bases to a stunt at any level provided the top person remains in a position where the upper body remains vertical and the legs are not in a seated/pike position. Vertical releases from an extended position to an extended position may not perform more than a ¼ turn.



NFHS SPIRIT RULE CHANGES 2021-22

- ~~3~~ 2. A non-braced top person in a cradle position or horizontal position at prep level or below may be released to the original bases in a loading position or stunt at any level with no more than a 1/4 turn.
- **Rationale:** Allows the hand-to-foot release to land back in a skill or other position besides a cradle. This will allow for a cleaner rule and interpretation without increasing the risk of injury and eliminates the type of connection determining what is required.



NFHS SPIRIT RULE CHANGES 2021-22

- **4-2-8: Stunting Personnel**
ART. 8... A spotter is required for ~~tosses to~~ single-base prep-level stunts in which the foot/feet of the top person is in the hands of the base and for tosses to single-base shoulder stands.
- **Rationale:** Clarifies that a spotter is required anytime the feet of the top person are in the hands of a base or during the toss portion of a toss to shoulder stand. Mirrors the language in 3-2-8.



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UIL CONTACTS

STATE
CHAMPIONSHIPS



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